

SEPTEMBER | 2022



Rootstown Middle & High Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30 Chicken Nuggets/Roll Turkey Sandwich Tater Tots Baby Carrots/Dip Mixed Fruit Milk	31 Chicken Nuggets/Roll Turkey Sandwich Scalloped Potatoes Baby Carrots/Dip Mixed Fruit Milk	1 Chicken Patty Sandwich Italian Pepperoni Calzone Romaine Salad/Tomato Seasoned Curly Fries Diced Peaches Milk	2 Stuffed Crust Pizza Cook's Choice Vegetable Soup Cucumber Slices/Dip Cinnamon Applesauce Milk
5 No School Labor Day	6 Cheeseburger/Bun Tangy Chicken/Rice Romaine Salad/Tomato Steamed Broccoli Pineapple Tidbits Milk	7 Chicken Tenders/Roll Fish Sandwich Au Gratin Potatoes Green Beans Watermelon Chunks Milk	8 Nacho Bellegrande/Salsa Chicken Enchilada/Salsa Southwestern Bean Salad Steamed Corn Apple Crisp Milk	9 Domino's Pizza Cook's Choice Romaine Salad/Tomato Potato Wedges Cinnamon Applesauce Milk
12 Turkey Roll-Up Sloppy Joe Sandwich Potato Patty Coleslaw Red Seedless Grapes Milk	13 Chicken Patty Sandwich Ham Deli Wrap Hash Brown Casserole Mixed Vegetables Diced Peaches Milk	14 Macaroni & Cheese/Roll Pulled Pork Sandwich Romaine Salad/Tomato Steamed Peas Apple Milk	15 Cheeseburger/Bun Rover Sub Seasoned Curly Fries Baked Beans Strawberry Cup Milk	16 Domino's Pizza Cook's Choice Romaine Salad/Tomato Sweet Red Pepper Strips Cinnamon Applesauce Milk
19 French Toast/Sausage Breakfast Sandwich Roasted Potatoes Fruit Juice Orange Wedges Milk	20 Cheese Dunkers/Sauce Italian Deli Wrap Pasta Salad Carrots & Celery Sticks Diced Pears Milk	21 Corn Dog Ham & Cheese Sandwich Seasoned Curly Fries Tomato Soup Mixed Fruit Milk	22 Stuffed Crust Pizza Cook's Choice Romaine Salad/Tomato Broccoli Rice & Cheese Cinnamon Applesauce Milk	23 No School Staff Professional Development Day
26 Spaghetti/Breadstick Meatball Sub Romaine Salad/Tomatoes Green Beans Diced Pears Milk	27 Walking Taco/Salsa Chicken Quesadilla/Salsa Refried Beans Steamed Corn Apple Slices Milk	28 Cheeseburger/Bun Crispy Chicken Salad/Br. Potato Wedges Cucumber Slices/Dip Strawberry Cup Milk	29 Popcorn Chicken/Roll Turkey Sandwich Cheddar Mashed Potatoes Broccoli Florets/Dip Watermelon Chunks Milk	30 Domino's Pizza Cook's Choice Seasoned Curly Fries Sweet Red Pepper Strips Cinnamon Applesauce Milk

News

Lunch - \$3.00
Reduced - \$.40

All school lunches include proteins, whole grains, fruits, vegetables and milk.

Choice of 1 Main Dish
Choice of 2 Vegetables
Choice of 1 Fruit
Choice of 1% or Fat Free Milk

Jr. Chef Salad/Croutons served Monday-Thursday

To qualify for a fee waiver the free and reduced application must be filled out and approved each school year. We encourage the use of Payschools Central to complete the application online. The paper copy may be filled out if you prefer.

Menu Subject to Change

This institution is an equal opportunity provider.