

NOVEMBER | 2022



Rootstown Middle & High Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 No School Thanksgiving Break	1 Turkey Roll-Up Sloppy Joe Sandwich Potato Patty Coleslaw Red Seedless Grapes Milk	2 Chicken Tenders/Roll Fish Sandwich Au Gratin Potatoes Mixed Vegetables Diced Peaches Milk	3 Chicken Patty Sandwich Rover Sub Potato Wedges Baked Beans Mandarin Oranges Milk	4 Domino's Pizza Cook's Choice Vegetable Soup Romaine Salad/Tomatoes Cinnamon Applesauce Milk
7 Macaroni & Cheese/Roll Pulled Pork Sandwich Romaine Salad/Tomatoes Steamed Peas Mixed Fruit Milk	8 Nacho Bellegrande/Salsa Chicken Enchilada/Salsa Steamed Corn Southwestern Bean Salad Apple Crisp Milk	9 Popcorn Chicken/Roll Turkey Sandwich Romaine Salad/Tomatoes Cheddar Mashed Potatoes Diced Pears Milk	10 French Toast/Sausage Breakfast Sandwich Roasted Potatoes Fruit Juice Orange Wedges Milk	11 Domino's Pizza Cook's Choice Seasoned Curly Fries Sweet Red Pepper Strips Cinnamon Applesauce Milk
14 Spaghetti/Breadstick Meatball Sub Romaine Salad/Tomatoes Green Beans Diced Peaches Milk	15 Cheese Dunkers/Sauce Italian Deli Wrap Pasta Salad Carrots & Celery Diced Pears Milk	16 Chicken Nuggets/Roll Crispy Chicken Salad Seasoned Curly Fries Baked Beans Red Seedless Grapes Milk	17 Cheeseburger/Bun Baked Potato/Toppings Steamed Broccoli Chicken Noodle Soup Pineapple Tidbits Milk	18 Domino's Pizza Cook's Choice Potato Wedges Cucumber Slices/Dip Cinnamon Applesauce Milk
21 Chicken Patty Sandwich Italian Pepperoni Calzone Romaine Salad/Tomatoes Broccoli Florets/Dip Diced Peaches Milk	22 Chicken Tenders/Roll Ham Deli Wrap Hash Brown Casserole Baby Carrots/Dip Apple Milk	23 Stuffed Crust Pizza Cook's Choice Romaine Salad/Tomatoes Sweet Red Pepper Strips Mixed Fruit Milk	24 No School Thanksgiving Break	25 No School Thanksgiving Break
28 No School Thanksgiving Break	29 Corn Dog Ham & Cheese Sandwich Seasoned Curly Fries Tomato Soup Diced Peaches Milk	30 Walking Taco/Salsa Chicken Quesadilla/Salsa Refried Beans Steamed Corn Apple Milk	1 No School Thanksgiving Break	2 No School Thanksgiving Break

News

Lunch - \$3.00
Reduced - \$.40

All school lunches include proteins, whole grains, fruits, vegetables and milk.

Choice of 1 Main Dish
Choice of 2 Vegetables
Choice of 1 Fruit
Choice of 1% or Fat Free Milk

Jr. Chef Salad/Croutons served Monday-Thursday

We encourage the use of Payschools Central to complete the free & reduced application online and also deposit money in lunch accounts.

Menu Subject to Change

This institution is an equal opportunity provider.