



JANUARY | 2023

Rootstown Middle & High Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 No School Winter Break	3 Corn Dog Ham & Cheese Sandwich Seasoned Curly Fries Tomato Soup Mixed Fruit Milk	4 Chicken Patty Sandwich Italian Pepperoni Calzone Romaine Salad Green Beans Diced Peaches Milk	5 Turkey Roll-Up Sloppy Joe Sandwich Potato Patty Coleslaw Mandarin Oranges Milk	6 Domino's Pizza Cook's Choice Potato Wedges Broccoli Florets/Dip Cinnamon Applesauce Milk
9 Macaroni & Cheese Pulled Pork Sandwich Romaine Salad/Tomatoes Steamed Peas Mixed Fruit Milk	10 Hamburger/Bun Baked Potato/Toppings Steamed Broccoli Chicken Noodle Soup Pineapple Tidbits Milk	11 Popcorn Chicken/Roll Fish Sandwich Au Gratin Potatoes Mixed Vegetables Diced Peaches Milk	12 Nacho Bellegrande/Salsa Chicken Enchilada/Salsa Steamed Corn Southwestern Bean Salad Apple Crisp Milk	13 Deep Dish Pizza Cook's Choice Vegetable Soup Sweet Red Pepper Strips Cinnamon Applesauce Milk
16 No School MLK Day	17 Chicken Patty Sandwich Cheese Quesadilla Romaine Salad/Tomatoes Baked Beans Red Seedless Grapes Milk	18 Cheese Dunkers/Sauce Rover Sub Seasoned Curly Fries Carrots & Celery Diced Pears Milk	19 Chicken Tenders/Roll Turkey Sandwich Hash Brown Casserole Cucumber Slices/Dip Diced Peaches Milk	20 Domino's Pizza Cook's Choice Broccoli Rice & Cheese Romaine Salad/Tomatoes Cinnamon Applesauce Milk
23 Spaghetti/Breadstick Meatball Sub Romaine Salad/Tomatoes Green Beans Diced Pears Milk	24 Walking Taco/Salsa Chicken Quesadilla/Salsa Refried Beans Steamed Corn Apple Milk	25 Chicken Nuggets/Roll Ham Deli Wrap Cheddar Mashed Potatoes Mixed Vegetables Diced Peaches Milk	26 Cheeseburger/Bun Crispy Chicken Salad Potato Wedges Baby Carrots/Dip Red Seedless Grapes Milk	27 Stuffed Crust Pizza Cook's Choice Vegetable Soup Romaine Salad/Tomatoes Cinnamon Applesauce Milk
30 French Toast/Sausage Breakfast Sandwich Roasted Potatoes Fruit Juice Orange Wedges Milk	31 Cheese Dunkers/Sauce Italian Deli Wrap Pasta Salad Carrots & Celery Diced Pears Milk	1	2	3

News

Lunch - \$3.00
Reduced - \$.40

All school lunches include proteins, whole grains, fruits, vegetables and milk.

Choice of 1 Main Dish
Choice of 2 Vegetables
Choice of 1 Fruit
Choice of 1% or Fat Free Milk

Jr. Chef Salad/Croutons served Monday - Thursday

We encourage the use of Payschools Central to complete the free & reduced application online and also deposit money in lunch accounts.

Please make sure you have money for your meal purchase.

Menu Subject to Change

This institution is an equal opportunity provider.