

# NOVEMBER | 2023



## Rootstown Elementary Lunch Menu

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|---|--|---|--|
| 30   | 31  | 1<br>Chicken Tenders/BBQ<br>Turkey Sandwich<br>Au Gratin Potatoes<br>California Blend Veg.<br>Diced Peaches<br>Milk      | 2<br>Chicken Patty Sandwich<br>Cheese Quesadilla<br>Romaine Salad/Tomatoes<br>Baked Beans<br>Red Seedless Grapes<br>Milk  | 3<br>Domino's Pizza<br>Cook's Choice<br>Seasoned Curly Fries<br>Cucumber Slices/Dip<br>Cinnamon Applesauce<br>Milk     |
| 6<br>Hamburger/Bun<br>Tangy Chicken/Rice<br>Romaine Salad/Tomato<br>Steamed Broccoli<br>Pineapple Tidbits<br>Milk          | 7<br>Sloppy Joe Sandwich<br>Turkey Roll-Up<br>Potato Patty<br>Coleslaw<br>Mixed Fruit<br>Milk                         | 8<br>Chicken Nuggets/BBQ<br>Fish Sandwich<br>Hash Brown Casserole<br>Green Beans<br>Mandarin Oranges<br>Milk             | 9<br>Nacho Bellegrande/Salsa<br>Chicken Enchilada/Salsa<br>Southwestern Bean Salad<br>Steamed Corn<br>Apple Crisp<br>Milk | 10<br>Deep Dish Pizza<br>Cook's Choice<br>Vegetable Soup<br>Sweet Red Pepper Strips<br>Cinnamon Applesauce<br>Milk     |
| 13<br>Chicken Patty Sandwich<br>Italian Pepperoni Calzone<br>Romaine Salad/Tomatoes<br>Baked Beans<br>Apple Slices<br>Milk | 14<br>Cheese Dunkers/Sauce<br>Italian Deli Wrap<br>Pasta Salad<br>Carrots & Celery<br>Diced Pears<br>Milk             | 15<br>Macaroni & Cheese<br>Pulled Pork Sandwich<br>Romaine Salad/Tomatoes<br>Steamed Peas<br>Red Seedless Grapes<br>Milk | 16<br>Hot Dog/Bun<br>Chili & Cheese/Crackers<br>Potato Wedges<br>Broccoli Florets/Dip<br>Diced Peaches<br>Milk            | 17<br>Domino's Pizza<br>Cook's Choice<br>Romaine Salad/Tomatoes<br>Seasoned Curly Fries<br>Cinnamon Applesauce<br>Milk |
| 20<br>French Toast/Sausage<br>Breakfast Sandwich<br>Roasted Potatoes<br>Fruit Juice<br>Orange Wedges<br>Milk               | 21<br>Walking Taco/Salsa<br>Chicken Quesadilla/Salsa<br>Refried Beans<br>Steamed Corn<br>Apple Slices<br>Milk         | 22<br>Stuffed Crust Pizza<br>Cook's Choice<br>Potato Wedges<br>Sweet Red Pepper Strips<br>Cinnamon Applesauce<br>Milk    | 23<br>No School<br>Thanksgiving Break   | 24<br>No School<br>Thanksgiving Break  |
| 27<br>No School<br>Thanksgiving Break  | 28<br>Popcorn Chicken/BBQ<br>BBQ Rib Sandwich<br>Cheddar Mashed Potatoes<br>Mixed Vegetables<br>Diced Peaches<br>Milk | 29<br>Cheese Dunkers/Sauce<br>Ham Deli Wrap<br>Seasoned Curly Fries<br>Baby Carrots/Dip<br>Red Seedless Grapes<br>Milk   | 30<br>Hamburger/Bun<br>Baked Potato/Toppings<br>Broccoli Florets/Dip<br>Chicken Noodle Soup<br>Pineapple Tidbits<br>Milk  | 1  |

### News

Lunch - \$2.75  
Reduced - Charge Waived

All school lunches include proteins, whole grains, fruits, vegetables and milk.

Choice of 1 Main Dish  
Choice of 2 Vegetables  
Choice of 1 Fruit  
Choice of 1% or Fat Free Milk

Jr. Chef Salad/Croutons served Monday - Thursday

PRE-K, K, 1st and 2nd grade will have the choice of the first main dish listed & PB&J/Cheese/Crackers

We encourage the use of PaySchools Central to complete the free and reduced application online. The paper copy may be filled out if you prefer.

\*Menu Subject to Change\*

This institution is an equal opportunity provider