

NOVEMBER | 2023



Rootstown Middle & High Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 Chicken Tenders/Roll Turkey Sandwich Au Gratin Potatoes California Blend Veg. Diced Peaches Milk	2 Chicken Patty Sandwich Cheese Quesadilla Romaine Salad/Tomatoes Baked Beans Red Seedless Grapes Milk	3 Domino's Pizza Cook's Choice Seasoned Curly Fries Cucumber Slices/Dip Cinnamon Applesauce Milk
6 Cheeseburger/Bun Tangy Chicken/Rice Romaine Salad/Tomatoes Steamed Broccoli Pineapple Tidbits Milk	7 Turkey Roll-Up Sloppy Joe Sandwich Potato Patty Coleslaw Mixed Fruit Milk	8 Chicken Nuggets/Roll Fish Sandwich Hash Brown Casserole Green Beans Mandarin Oranges Milk	9 Nacho Bellegrande/Salsa Chicken Enchilada/Salsa Southwestern Bean Salad Steamed Corn Apple Crisp Milk	10 Deep Dish Pizza Cook's Choice Vegetable Soup Sweet Red Pepper Strips Cinnamon Applesauce Milk
13 Chicken Patty Sandwich Italian Pepperoni Calzone Romaine Salad/Tomatoes Baked Beans Apple Milk	14 Cheese Dunkers/Sauce Italian Deli Wrap Pasta Salad Carrots & Celery Diced Pears Milk	15 Macaroni & Cheese Pulled Pork Sandwich Romaine Salad/Tomatoes Steamed Peas Red Seedless Grapes Milk	16 Cook's Choice Chili & Cheese/Crackers Potato Wedges Broccoli Florets/Dip Diced Peaches Milk	17 Domino's Pizza Cook's Choice Romaine Salad/Tomatoes Seasoned Curly Fries Cinnamon Applesauce Milk
20 French Toast/Sausage Breakfast Sandwich Roasted Potatoes Fruit Juice Orange Wedges Milk	21 Walking Taco/Salsa Chicken Quesadilla/Salsa Refried Beans Steamed Corn Apple Milk	22 Stuffed Crust Pizza Cook's Choice Potato Wedges Sweet Red Pepper Strips Cinnamon Applesauce Milk	23 No School Thanksgiving Break	24 No School Thanksgiving Break
27 No School Thanksgiving Break	28 Popcorn Chicken/Roll BBQ Rib Sandwich Cheddar Mashed Potatoes Mixed Vegetables Diced Peaches Milk	29 Cheese Dunkers/Sauce Ham Deli Wrap Seasoned Curly Fries Baby Carrots/Dip Red Seedless Grapes Milk	30 Cheeseburger/Bun Baked Potato/Toppings Broccoli Florets/Dip Chicken Noodle Soup Pineapple Tidbits Milk	1

News

Lunch - \$3.00
Reduced - Charge Waived

All school lunches include proteins, whole grains, fruits, vegetables and milk.

Choice of 1 Main Dish
Choice of 2 Vegetables
Choice of 1 Fruit
HS - Choice of 2 Fruit
Choice of 1% or Fat Free Milk

Jr. Chef Salad/Croutons served Monday - Thursday

We encourage the use of Payschools Central to complete the free & reduced application online and also deposit money in lunch accounts.

Please make sure you have money for your meal purchase.

Menu Subject to Change

This institution is an equal opportunity provider.